

## RING OF FIRE Call for Workshop Participants

**Art Gallery of York University (AGYU)** and **SKETCH** in collaboration with **Picasso PRO** and **Capoeira Angola** are pleased to offer two types of movement workshops in preparation for **RING OF FIRE**, a 300-person strong street procession spear-headed by internationally renowned artist **Marlon Griffith** and commissioned by the AGYU that will take place along University Avenue (from Queen's Park to City Hall) on August 9, 2015 during the Parapan American Games.

All workshops take place at SKETCH, 180 Shaw Street, Suite 201 (lower level with elevator access) Artscape Youngplace

These inclusive workshops are for all individuals regardless of past experience with dance or ability or age. Individuals in wheelchairs or other mobility assistive devices are encouraged to participate. These movement workshops are designed accessibly and safely for all bodies, will permit emotional fullness and body awareness, and, most importantly will be fun, build community, and get us ready to *take to the streets*! Workshop participants are invited to 'play mas' in the final street procession!

For more information on the procession visit: RingofFire.theAGYUisOutThere.org

The workshops will incoafrporate the core themes of the procession, based on the **Annishinaabe Seven Grandfather Teachings**:

Wisdom – Nibwaakaawin – sabiduria – sagesse – sabedoria Humility – Dabaadendiziwin – humildad- humilité – humildade Honesty – Gwayakwaadiziwin – honestidad – honnêteté – honestidade Truth – Debwewin – verdad – vérité – verdade Courage – Aakode'ewin – coraje – courage – coragem Respect – Minaadendamowin – respeto – respect – respeito Love – Zaagi'idiwin – ama – aime – ama

P!CASSO PRO

PRO http://www.picassopro.org/

**WORKSHOP 1: Get in the Groove with Picasso PRO** 

**Workshop Dates:** 

Saturday July 18: 2 - 5 pm Tuesday July 21: 1 - 4 pm Tuesday July 28: 1 - 4 pm Saturday August 1: 2 - 5 pm

## Space limited to 15 participants

Co-conceived with Rose Jacobson, and lead by Anna MacLean, a dance/ theatre facilitator (and massage therapist) with specialization in inter-abilities dance, these workshops use repetition, physical exploration possibilities, and self-expression to arrive at embodied expressions of core themes in the procession. These workshops follow an experimental approach to body work that uses 2-3 simple moves set to music, breaks movement down in pairs and small groups through improv play, and explores personalized choreographies arising from original moves, image-based summoning, and other neutral directives (line, direction, gravity). No training, experience, or knowledge of dance required. Please let us know if you will be bringing an attendant.

More about Anna MacLean <a href="www.dancefoodforthesoul.com">www.dancefoodforthesoul.com</a>



www.escoladecapuera.com

## **Workshop Dates:**

Monday July 13: 6 – 9 pm Monday July 20: 6 – 9 pm Monday July 27: 6 – 9 pm Saturday August 1: 2 - 5 pm

This type of Capoeira emphasizes the most ancient traditions: the flow of the game, its circular nature, and the state of trance. The goal of these workshops is to transcend the physical by moving with the soul. The focus is not on learning Capoeira as a deadly martial art, but instead, on learning to find inner balance and self-knowledge through Capoeira to find ones inner spirit. **No previous** experience or knowledge of Capoeira is necessary and workshops will be designed to be inclusive of age, ability, and participant's goals.

More about Marcio Mendes <a href="http://mestremarciomendes.wordpress.com/">http://mestremarciomendes.wordpress.com/</a>

EXPRESSIONS OF INTEREST: REPLY TO: mailto:procession@theAGYUisOutThere.org
Please indicate WORKSHOP in the subject of the email

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